



JUMP START

SkillsUSA Maine's State Fall Leadership Conference

October 24-25, 2024

Eastern Maine Community College, Bangor

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The Chapter Excellence Program is the single best way to

BUILD A SUCCESSFUL SKILLSUSA CHAPTER

Following the steps of the CEP ensures that members have the opportunity to develop and demonstrate SkillsUSA Framework skills to prepare them for future employment.

The CEP also provides an avenue for recognition of members and chapter's achievement in the Framework Essential Elements.

Learn more at SkillsUSA.org/chapter-excellence-program

SkillsUSA Framework

The SkillsUSA Framework illustrates how students fulfill the mission of the organization “to empower members to become world-class workers, leaders and responsible American citizens.”



What it does

- Provides a **common language** for students to articulate what they gain from SkillsUSA participation to employers, school administrators, parents and other students
- **Assesses student skill development** along a learning continuum of awareness, demonstration and mastery
- Creates a **vision for SkillsUSA programs** at the local, state and national levels to ensure quality student-led experiences that build skills in all members

Why it works

- Empowers every student to achieve career success
- Delivers a skill set **demanding by business and industry** but lacking in many employees today
- Ensures that every student member receives a **consistent and specific** skill set

2024-2025 State Officer Team



Lily Alley
President



Kelsie Lambert
Secretary



Leah Walton
Treasurer

2024-2025 State Officer Team



Bailee Wardwell

Social Media
Vice-President



Jillian Barnard

Post Secondary
Vice-President



Anna Lowell

Southern Region Vice-
President



McKenzie Grant

Eastern Region
Vice-President



Sofia Scott

Northern Region
Vice-President



Megan Olmsted

Western Region
Vice-President

Jump Start Experiences

Student Training

Be A Role Model: Students will define role models in their own lives. Students will understand why being a role model is important and they will recognize how to become a role model in our schools, chapters and communities.

Non-Verbal Communication: Students will define non-verbal communication and explain why it is important in their lives. Students will also demonstrate knowledge of types of non-verbal communication.

Be Your Best Self: Students will discover why being your own person is important and identify how to be themselves using different strategies. Students will also understand what keeps us from being ourselves in certain situations.

State Officer Panel - This session will help students develop self-confidence and identify the role of competence in our jobs. Students will then draw a correlation between confidence and competence.

Team Building - This session is for all conference participants. We will be doing team building activities that you can bring back to and use at your local chapters.

Advisor Training

Championships Hub – The SkillsUSA Maine Hub is your place for all things State Championships. During this advisor session, you will learn about the new changes to the hub, the best way to use this resource and your chance to give input into future improvements.

State Officer Panel - This session will help students develop self-confidence and identify the role of competence in our jobs. Students will then draw a correlation between confidence and competence.

Advisor Chapter Best Practices - Hear from our Gold Medal Model of Excellence chapter on how they have incorporated SkillsUSA not only into their classes, but into the culture of the school.

Teacher Toolkits - A new free set of resources that is designed for high school advisors to facilitate their student's career development journey.

Conference Schedule

Thursday – October 24th

For those that would like to join us for evening festivities.

6:00 pm *We are currently working on a fun event that will include a costume party and pizza. More information to come out soon.*

Friday – October 25th

8:30 Light breakfast and registration

9:00 Welcome/team building activity

9:40 Advisor Training

9:40 - 10:30 Session I:

Student Session - Be A Role Model

Student Session - Non Verbal Communication

Student Session - Be Your Best Self

Advisor Session - SkillsUSA Maine Competition Hub

10:30 - 10:40 Travel to next session

10:40 - 11:30 Session II

Student Session - Be A Role Model

Student Session - Non Verbal Communication

Student Session - Be Your Best Self

Advisor Session - Teacher Toolkits

11:40 – 12:30 Lunch

12:30 - 1:20 Session III

Student Session - Be A Role Model

Student Session - Non Verbal Communication

Student Session - Be Your Best Self

Advisor Session - Advisor Best Practices

1:30 -2:30 Team Building

Closing/Door Prizes

Group Rotations

Group Type	Session 1 9:40 – 10:30	Session 2 10:40 – 11:30	Lunch Officer Panel 11:40 – 12:30	Session 3 12:30 – 1:20	Team Building 1:30 -2:30
Bats	Be a Role Model	Non-Verbal Communication	GYM	Be Your Best Self	GYM
Cauldrons	Non-Verbal Communication	Be Your Best Self	GYM	Be a Role Model	GYM
Ghosts	Be Your Best Self	Be a Role Model	GYM	Non-Verbal Communication	GYM
Witch Hat	Be a Role Model	Non-Verbal Communication	GYM	Be Your Best Self	GYM
Pumpkin	Non-Verbal Communication	Be Your Best Self	GYM	Be a Role Model	GYM
RIP Gravestone	Be Your Best Self	Be a Role Model	GYM	Non-Verbal Communication	GYM
Skulls	Be a Role Model	Non-Verbal Communication	GYM	Be Your Best Self	GYM
Black Cats	Non-Verbal Communication	Be Your Best Self	GYM	Be a Role Model	GYM
Spiders	Be Your Best Self	Be a Role Model	GYM	Non-Verbal Communication	GYM
ADVISORS	SkillsUSA Championships Hub	Teacher Toolkits	GYM	Advisor Best Practices	GYM

Group Rotations

Group Type	Session 1 9:40 – 10:30	Session 2 10:40 – 11:30	Lunch Officer Panel 11:40 – 12:30	Session 3 12:30 – 1:20	Team Building 1:30 -2:30
Bats	MH 221	MH 225	GYM	MH 226	GYM
Cauldrons	MH 225	MH 226	GYM	MH 221	GYM
Ghosts	MH 226	MH 221	GYM	MH 225	GYM
Witch Hat	KH 315	KH 316	GYM	GYM A	GYM
Pumpkin	KH 316	GYM A	GYM	KH 315	GYM
RIP Gravestone	GYM A	KH 315	GYM	KH 316	GYM
Skulls	SH 105	SH 107	GYM	GYM B	GYM
Black Cats	SH 107	GYM B	GYM	SH 105	GYM
Spiders	GYM B	SH 105	GYM	SH 107	GYM
ADVISORS	GYM	GYM	GYM	GYM	GYM

Be a Role Model

Characteristics of Rockin' Role Models

1)

2)

3)

4)

5)

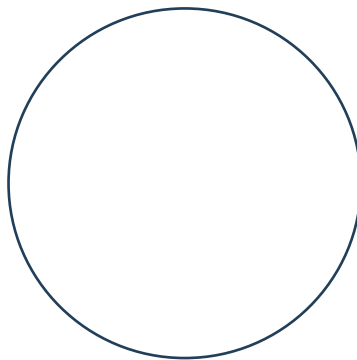
6)

7)

Three of my role models:

Be a Role Model

Important Concepts of Being a Role Model



Be a Role Model

Chapter

School

Community

Be Your Best Self

Why Be Ourselves

Moral:

Value:

	Moral	Value
Not Stealing		
Good Work Ethic		
Family		
Not Cheating		
Religion		
Golden Rule		

Moral	Value
1.	1.
2.	2.
3.	3.

Be Your Best Self

TOP SIX CHALLENGES OF BEING YOURSELF

1.

2.

3.

4.

5.

6.

Be Your Best Self

ACTION PLAN

Step One:

Step Two:

Step Three:

Non-Verbal Communication

Our Definition:

Why is non-verbal communication important?

Top Three Ways I Use Non-Verbal Communication Each Day:

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Six Types of Non-Verbal

Select three of the non-verbal ways of communication. Write them below. Next to each, write one action you will take to be more effective in that method of non-verbal's.

State Officer Panel

What does I mean to be a state officer

Why I would make a great state officer

Non-Verbal Communication

Our Definition:

Why is non-verbal communication important?

Top Three Ways I Use Non-Verbal Communication Each Day:

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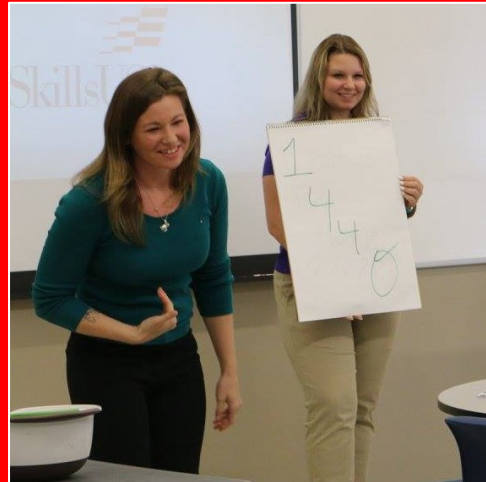
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Six Types of Non-Verbal

Select three of the non-verbal ways of communication. Write them below. Next to each, write one action you will take to be more effective in that method of non-verbal's.

Advisor Notes

Advisor Notes



This book Belongs to: _____

School: _____

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